

CITY LOCALS

FOR SALE—Horse, buggy and harness, all in number one condition. Will sell horse without buggy. E. E. Lewis, Sylva, N. C.

Mrs. F. H. Leatherwood has returned from an extended visit to relatives in Tennessee and Georgia.

Misses Frances and Janie Coward were in Asheville last week.

Miss Bonnie Sherrill, of Canton, was here Monday, visiting friends.

Mrs. E. E. Brown and the children are visiting her father, Mr. A. A. Bridges, at Etowah, N. C.

Robt. Cooke was in Asheville Sunday.

Dr. D. D. Hooper was in Asheville Sunday.

Mr. and Mrs. C. L. Allison took their little son, Edwin, to Asheville Thursday for an operation for appendicitis, which operation was performed Saturday. He is resting very well.

Binders' Twine, \$1.35 per 5 lb Ball. Sylva Supply Hard ware.

Miss Mary Allison is visiting relatives at Bryson City and Barker's Creek.

R. G. Snyder, of Willets, was here Saturday and called in and renewed his subscription to the Journal for another year.

Mr. and Mrs. John Hastings, of Asheville, are here this week, visiting Mr. Hastings' parents, Mr. and Mrs. T. H. Hastings.

Mrs. J. W. Keener, Mrs. C. M. Wells, Misses Isabel Keener and Lucy Wells and Ernest Keener motored to Asheville Monday, returning Tuesday.

FOR SALE—One yoke of cattle, deep red; weigh about 2400 pounds. Work anywhere. W. T. Crisp, Gay N. C.

A. M. Henson was in Asheville last week, on business.

John Moody, of East La Porte, was here Monday, on business.

Miss Rebecca Cathey spent Sunday with friends at Willets.

O. S. Dillard, of Willets, was in the city Monday, on business.

J. M. Cunningham, of Glenville, was here last Saturday on business.

He says they are going to begin work on their roads as soon as they can sell their bonds and get the money.

Mrs. Simons and little daughter, Helen, spent last week in Asheville, visiting relatives and friends.

Born, to Mr. and Mrs. L. J. Henson, of Beta, Friday June 21st, a daughter.

Mrs. J. E. McLean has returned from a visit to her daughter, Mrs. Williams, at Newcombe, Tenn.

SAYS IT ACTED LIKE A CHARM

Coughs or colds which persist at this season usually are of an obdurate nature. All the more reason for using a reliable remedy. Mrs. Margaret Smale, Bishop, Calif., writes: "Foley Honey and Tar Compound is a grand remedy. Suffered from a cold last week, used the medicine and it acted like a charm."

Sold by Sylva Pharmacy. adv.

W. H. Wakefield, M. D., of Charlotte will be in Sylva, at Merchant Hotel on Friday, June 28th, on day only. The Doctor limits his practice to the medical and surgical treatment of Eye, Ear, Nose and Throat Diseases and Fitting Glasses. Ask your physician about consulting Dr. Wakefield.

HOW SHE BANISHED BACKACHE

Mrs. Effie E. Klepp, Averill, Minn., writes: "I was at a sanitarium three weeks at one time, two weeks another time, for rheumatism and got no relief. On my return began using Foley Kidney Pills; found immediate relief; half bottle completed the cure. Always use when I feel pain in my back." Sold by Sylva Pharmacy. adv.

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of

W. C. Little



The Shadow of the Hun is Hovering Over YOUR Home. Only the other day he brought the war to our own shores—right to your front door.

The lives of YOUR boys are pledged that the German fiends shall perish. Now—it's up to you to pledge your money to back up those boys.

President Wilson, Secretary McAdoo, Governor Bickett and the mayors of cities and towns have proclaimed

JUNE 23 TO 28, NORTH CAROLINA WAR-SAVINGS WEEK.

Canvassers, acting under authority of the United States Government, will call upon you.

Remember—all the money that you have, or ever will have, is poor stuff to weigh in the scale against some mother's broken heart.

North Carolina's quota of \$48,000,000 must be raised June 23rd to 28th by pledge and purchase.

PLEDGE TILL YOU FEEL IT!

WAR-SAVINGS STAMPS

THIS SPACE CONTRIBUTED FOR WINNING OF THE WAR BY

Sylva Tanning Company

NOTICE

Whereas, A petition has been filed with the Board of County Commissioners requesting that the township lines between Cashiers and Hamburg Townships be changed to run as follows:

Beginning on the line at the foot of the Cowee mountain and running with the east side of the Ravenel turnpike to the Macon county lines

It is therefore ordered by the Board that notice be given the citizens of said townships as prescribed by law, and they are hereby notified that the matter will be taken under consideration at the regular time.

This June 5th, 1918.

J. R. LONG,

Clerk to the Board of Co. Com.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Medicine is taken internally and acts through the blood on the mucous surfaces of the system. Hall's Catarrh Medicine was prescribed by one of the best physicians in this country for years. It is composed of some of the best tonics known combined with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Medicine is what produces such wonderful results in catarrhal conditions. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, O. All Druggists, 7c.

Hall's Family Pills for constipation.

Foley's Honey and Tar

Always reliable for
**Coughs
Colds
Croup
Tickling Throat
Hoarseness
Whooping Cough
Bronchial Cough**

and it is your very best buy for

La Grippe

"Every mother in the land should keep a bottle right at hand."

Price 25c, 50c and \$1.00 Sold Everywhere

AN ANNUAL SESSION

OF

The Modern Normal School of Music

WILL BE HELD

AT

Scotts Creek Baptist Church,

IN

JACKSON COUNTY, NORTH CAROLINA

BEGINNING ON

MONDAY, JULY 8, 1918,

And Continuing For a Term

OF

TWENTY DAYS

This School will be held under the management of

The Teachers' Music Publishing Company.

HUDSON, NORTH CAROLINA.

GEO. W. BACON, White Pine, Tenn.,

First Principal.

C. A. BROCK, Leoma, Tenn.,

Second Principal

REV. W. N. COOK, Beta, N. C.,

Secretary.

Buy

Thrift Stamps

THE ENEMIES' FIRE DOES NOT STOP THE "Y"



French General with Prince Arthur of Connaught and other Canadian officers on Vimy Ridge. On the left can be seen men at a Y. M. C. A. Coffee Stall, where coffee is served free to the men going to or coming from the trenches. The Y. M. C. A. follows the soldiers into No Man's Land and does not halt on account of the fire from the enemy.

RUBBISH HEAP IS A MENACE TO HOUSEHOLD

More fires originate in rubbish heaps than from any other source. To permit rubbish to remain in the building not only invites a fire to visit your home or place of business, and render your family temporarily homeless, or cripple your business at a time when you can least afford it; but you are also permitting the lives of your family or employees to be endangered, for fire not only destroys a quarter of a billion dollars' worth of property each year in this country, but also claims more than two thousand lives each year. The home is built to protect your loved ones, and you want to do everything to insure absolute protection to those who live in it.

That rubbish heap in the store room, attic or basement is a menace to your household, because there is always a possibility of fire starting in it and the worst of it is it may start when least expected.

Fire may route you and your family out any night—your wife, children and you may escape and some of you may not. Just use your imagination and think what might happen and then get a safety first move on you and have that menace eliminated.

Tuesday, October 9, is Fire Prevention Day in North Carolina. That is the day when it is your duty as a loyal citizen to look carefully over your premises and if there is a rubbish heap there get rid of it.

"IT WAS NOT LIKE THIS IN THE OLDEN DAYS!"

By F. OPPER



Spirit of Major Andre: "They treated spies differently in my time, and yet I was a gallant gentleman compared to these reptiles!"

Tobacco and Youth.

Whatever difference of opinion there may be among scientific physicians concerning the effects of tobacco in moderate use by adults—and, also, a lot of doctors smoke!—there is no division of mind upon the question of the harmful influence of tobacco in youth. Indeed, this is not a question of opinion, but of fact. It is a well established fact that the youth, that is, the lad under twenty-one, who indulges in tobacco in any form is physically and mentally weakened by the narcotic. This has been thoroughly demonstrated by an extended series of tests of the physical side by Dr.

WHICH



BRIGHT EYES, A CLEAR BRAIN, A HEALTHFUL BODY

A Physical, Mental, Moral Wreck? Cigarettes in Youth Make the Difference.

Seaver, Physical Director at Yale, and various other authorities; and on the mental side by Dr. Bush, Professor of Physiology at Vermont, and numerous other students.

A youth, in reasonably good health, requires no stimulation, and he can ill endure the action of a narcotic several times a day. To the narcotic influence of tobacco may be assigned, we think, the well grounded prejudice against the cigarette, in popular opinion. The young lad who acquires the cigarette habit is treading very dangerous ground, for while he is passing through the formative years and subject to the greatest temptations his moral defense is reduced by the soothing or dulling effect of tobacco, so that he is indeed a lucky youth if he comes through to manhood's estate untainted and unscathed. This is not the observation of a theorist or a moralist, mind you; it is the belief of the experienced physician.

Parents too frequently acquiesce in the tobacco habit or fail to exact the strictest pledge from their growing

boys. A father may smoke if he will; his character is formed; but he should never forget that his boys are still plastic, and much more subject to external influences than to the good influences of the home, in these modern times.

Twenty-one years ought to be the minimum age at which a youth might indulge in tobacco. Twenty-five years is young enough for most men to take up the weed. Our laws are too lax in this respect. A boy is a boy until he has become a man in every sense of the word, and it is the disgrace of civilization that so many of our boys are physically, mentally and morally tainted before the age of manhood is attained.

Be it clearly understood, we do not intimate that a youth may not smoke and still preserve his moral character untainted; we merely speak from long medical experience when we see that it is a mighty difficult thing for a boy to do so nowadays.

Here is a service mothers may do for their growing boys. A mother's appeal will reach the heart and skull of any son. Let every mother exact from her boys a solemn pledge not to smoke until twenty-one, and those boys will be glad of it when they are old enough to know enough to appreciate a good mother.

QUESTIONS AND ANSWERS.

Bad Teeth Indicted.

Is it true that bad teeth cause rheumatism? Should tonsils that get sore occasionally be removed?

Answer—Yes. Bad teeth cause many things including loss of sleep, headache, position and money. According to Osler decayed teeth is a medium for infection of rheumatism and tuberculosis. Diseased tonsils should invariably be removed, especially if there is a family tendency to deafness, tuberculosis or rheumatism. But for an occasional enlargement with simple sore throat, resulting from careless personal hygiene; and where the family history is good the advice of a good specialist should be sought before considering an operation for removal.

Find Out the Real Trouble.

For twenty years I have suffered from head catarrh. Can you tell me what to do for a relief?

Answer—You are probably good for at least twenty years' more suffering, because head catarrh never kills; and the afflicted one is kept so busy thinking (and talking) about it old age creeps on unawares. Seriously speaking, however, the word catarrh means inflammation. What is commonly called "head catarrh" is either due to a deviated septum in the nose, inflammation in the nasal or frontal sinuses, or the eustachian tubes. Or it may be simple hay fever, a disease due to the pollen from certain weeds and flowers. The only remedy is to try to discover the cause and remove it. If the trouble is in the nose or throat a surgical operation might give relief. Open air sleeping the year round and the avoidance of extremes of heat and cold, especially too hot rooms or railroad trains, will most certainly help a great deal. Plain food, simply prepared, and total abstinence from alcoholic beverages will also help a great deal.